

Benign Paroxysmal Positional Vertigo – BPPV

Benign paroxysmal positional vertigo (BPPV) is one of the most common causes of vertigo. BPPV causes brief episodes of mild to intense dizziness. It can be triggered by specific changes in the position of your head. This can happen when you tip your head up or down, lie down, roll over or sit up in bed.

Most common diagnosis of BPPV is problems of the inner ear such as Labryinthitist and Menieres Disease. A less common diagnosis can be diseases of the central nervous system.

Dr Pascoe will order various tests to determine the correct cause of BPPV such as MRI, Barany test along with other tests she may feel necessary to determine an accurate diagnosis.

Treatment will depend on the outcome of the tests and resulting diagnosis made by Dr Pacsoe. If it is the common form of BPPV a referral will be made to a Vestibular Physiotherapist.

Link:

<http://www.health.vic.gov.au/edfactsheets/downloads/vertigo-bppv.pdf>