

Getting Ready for Your PRIVIGEN® Infusion

For patients prescribed
PRIVIGEN

(Normal immunoglobulin (Human) 10%
(100 g/L), intravenous injection)

For more information on your medical condition or treatment talk to your nurse or doctor. More information on PRIVIGEN is available in the Consumer Medicine Information (CMI) at www.cslbehring.com.au

What are immunoglobulins (Igs)?

Immunoglobulins (also known as antibodies) are produced by your body and are part of your natural defence against infections.

Why do I need immunoglobulin infusions?

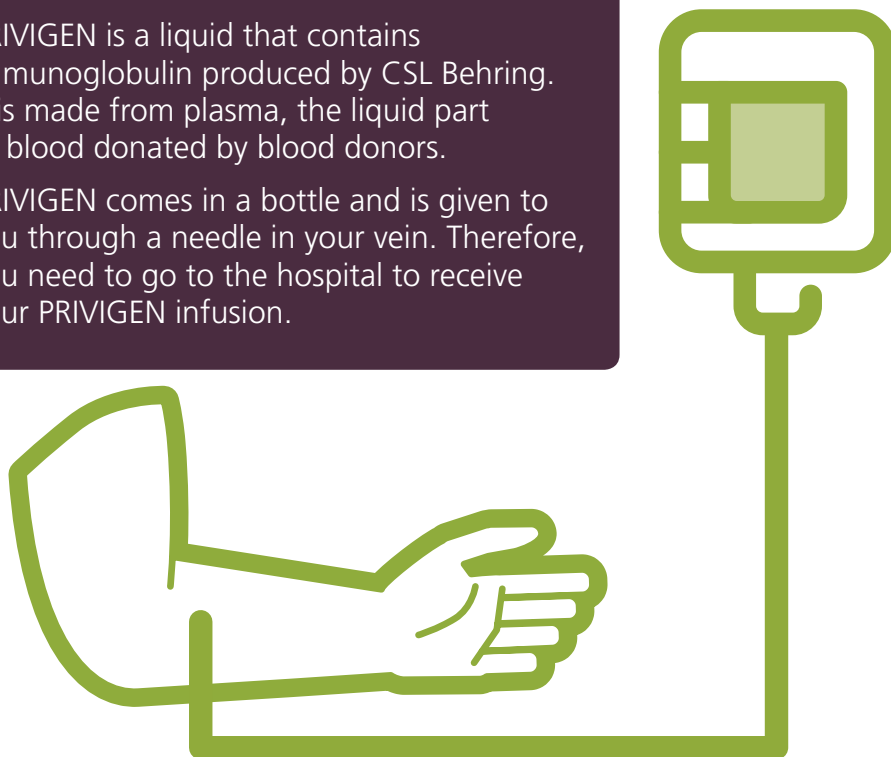
There may be various reasons why your doctor has prescribed you immunoglobulin. Some patients may need immunoglobulin protection against infections or for certain autoimmune disorders.

Your doctor or nurse will be able to explain to you why you need immunoglobulin.

What is PRIVIGEN?

PRIVIGEN is a liquid that contains immunoglobulin produced by CSL Behring. It is made from plasma, the liquid part of blood donated by blood donors.

PRIVIGEN comes in a bottle and is given to you through a needle in your vein. Therefore, you need to go to the hospital to receive your PRIVIGEN infusion.

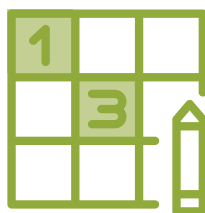


During the infusion

What to expect:

During the infusion you will be sitting/reclining on a chair or bed for about **2-4 hours**; the exact time depends on your dose and circumstances.

Bring a **book**, or **crossword**, or your favourite **movie** or **music** (do not forget the earphones to respect the privacy of others!)



If you are feeling unwell...

it may be due to the immunoglobulin you are receiving which may cause headache, chills, fever, vomiting, allergic reactions, nausea, flu-like symptoms, diarrhoea, joint pain, fainting/ dizziness, pale skin, abdominal pain, and back pain or other symptoms.

If you are feeling unwell tell the nurse immediately



Fill in your PRIVIGEN diary

Whilst there is no requirement to fill this in, talk to your doctor or nurse to see if it would be helpful. A printed diary, or an electronic diary are usually available from your nurse or doctor.

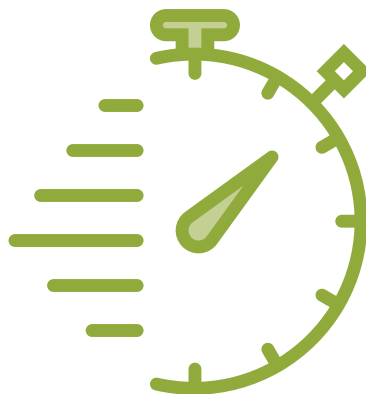


After the infusion

Why do I have to stay back after the infusion?:

It is recommended that you stay for **at least 60 minutes** after your first and **20 minutes** after any other PRIVIGEN infusion for observation in case you start to feel unwell afterwards.

Please let your nurse know immediately if you feel unwell during this period.



When at home:

You may feel well after your infusion. Some patients may, however, experience headache, chills, fever, vomiting, allergic reactions, nausea, flu-like symptoms, diarrhoea, joint pain, fainting/dizziness, pale skin, abdominal pain, and back pain or other symptoms.

Contact your doctor or nurse if you are feeling unwell.

If you are using a PRIVIGEN diary, record any symptoms you experience during/ following your infusion and take it with you to your next appointment.

Before your infusion

Tell your doctor if you...

have previously had an **allergic reaction** to immunoglobulin or you have hyperprolinaemia. Tell your doctor if you have any other medical conditions, are taking other medications, or are pregnant/breastfeeding.

Have you had enough to drink?

Drinking enough water before your infusion is important to reduce the risk of some side effects of immunoglobulin infusions.

Recommended daily fluid intake

(fluids include plain water, milk and other drinks)



Girls 14–18 y.o.	1.6L in a day (about 6 cups)
Boys 14–18 y.o.	1.9L in a day (about 7 to 8 cups)
Women	2.1L in a day (about 8 cups)
Men	2.6L in a day (about 10 cups)

The amount of water you need depends on your diet, whether you are pregnant/breastfeeding, have been unwell (fever, vomiting or diarrhoea), how active you are and how hot the weather is.

If you have kidney or heart disease – ask your doctor what your fluid intake should be (how much you should drink).

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Biotherapies for Life™

References: **1.** Privigen Product Information. Latest update 24 February 2016. **2.** Privigen Consumer Medical Information. Latest update February 2016. **3.** Nutrient Reference Values for Australia and New Zealand. Available at <https://www.nrv.gov.au/nutrients/water>. Accessed December 2016. **4.** Victorian State Government. Better Health. Water - a vital nutrient. Available at <https://www.betterhealth.vic.gov.au/health/healthyliving/water-a-vital-nutrient>. Accessed December 2016.

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