

Migraine Information Page

Migraines are severe headaches that cause painful throbbing or pulsing in the head, often accompanied by nausea, vomiting, visual disturbances and extreme sensitivity to light and sound.

Migraine attacks can be very painful and disabling, often lasting hours to even days.

There are multiple causes and triggers of migraine attacks and these will vary with individual patients. There are criteria by which Dr Pascoe makes a migraine diagnosis. In addition, Dr Pascoe considers other diagnoses and may do tests to exclude these.

Treatment involves:

1. Acute Treatment – involves stopping or reversing the progression of a migraine that has already started. Medications can help make migraines less painful.
2. Preventative Treatment – aims to reduce the frequency or severity of the migraine attacks. The right medications, combined with self-help remedies and lifestyle changes may also help.

Dr Pascoe will suggest a clinically appropriate treatment based on your individual needs.

LINKS

<http://headacheaustralia.org.au/migraine/>

<http://headacheaustralia.org.au/news/botox-news/>

FACT SHEET

http://headacheaustralia.org.au/wp-content/uploads/2015/05/V2208_BF_Headache_Australia_Week_8pp_A5_ZFol_V3.pdf