

**DR MELINDA PASCOE**  
Neurologist & Neurophysiologist

**EEG TEST INFORMATION SHEET**

**What to expect when having an EEG**

Our technician will attach 20 electrodes to your scalp using adhesive cream and electrode cream.

These electrodes do not transmit any sensation. You should feel little or no discomfort during the test which takes up to one hour to complete.

An EEG records brain waves and can show abnormal patterns that may indicate seizures or other problems.

**Preparation for an EEG**

Please **wash your hair** the morning of your EEG but **do not use conditioner**, as this may detract the ability of the electrodes to connect to your scalp.

Please do not use **product including hairspray in your hair**.

Please **refrain from wearing make up**.

Allow 1 hour for this test to be completed.

Do not stop taking any regular medications.

NB. You will have residual cream throughout your hair . We recommend that within 6 hours of your EEG you wash you hair, initially with hot water only, to dissolve the cream before shampooing.

**To book**

You will need a referral from your GP or specialist.

To book an appointment please phone 3390 6458 or email [pascoe.neurology@gmail.com](mailto:pascoe.neurology@gmail.com)

**Cost \$200 Rebate \$106.30**